



# Coeliac Menu

*We work in our own kitchen,  
doing work we love,  
in a place we love,  
to give you food you love.*



*Eileen's*  
— KitchenTable —

**Starters (Choice of 2) €4**

- Vegetable /Mushroom Soup & Soda Bread *MK, CY,*
- Goats Cheese & Red Onion Marmalade Tartlet, *E, MK*
- Garlic Mushrooms *E*
- Deep fried Brie *E*
- Thai Fish cakes *F, E*

**Mains (Choice of 2) €10**

- Chicken Curry & Rice *MK, CY*
- Meat & two veg
- Chicken a la King & Rice *MK*
- Beef Casserole & Potatoes *MK*
- Chicken carbonara *MK,*
- Spaghetti Bolognese
- Seafood Chowder & Soda Bread *C, MK*
- Cold Salad Buffet *E, MK, MD, F*
- Chicken Maryland with Potatoes & Veg *E, MK*
- Beef Stroganoff & Rice *MK, MD*
- Baked Salmon & Veg (€1.50 supplement) *F*

All the dishes below come with Tossed Salad & Homemade Coleslaw *E, MD*

- Chicken Maryland *E, MK*
- Cottage Pie *MK*
- Home Made Burger *E*
- Lasagne *MK*
- Baked Potato
- Spinach Quiche *E, MK*

Additional Sides €1 per person e.g. Tossed Salad, Coleslaw, Potato Salad, Wedges, Garlic Potatoes.

**Desserts (Choice of 2) €4**

- Baked Alaska *E, MK*
- Banoffee Pie *MK*
- Baileys /Strawberry /Lemon Cheese Cake *MK*
- Pavlova *E, MK*
- Apple Pie & Cream *E, MK*
- Fresh Fruit Salad
- Chocolate Biscuit Cake *MK*



## Lunch

€9

Homemade Vegetable Soup and a variety of Sandwiches

Tea/Coffee *E, F, MK, CY, MD*

## Canapés/ Finger Foods (variety) €4 / €8 (depending on quantity )

- Variety of Sandwiches *E, F, MK, MD*
- Scones, Jam & Cream *E, MK*
- Homemade Chicken Goujons *E MK*
- Potato Wedges *G*
- Chicken Wings & Barbeque Sauce
- Goats Cheese & Red Onion Marmalade Tartlet *E MK*
- Crackers & Homemade Hummus *SS, S*

## Afternoon Tea

€15 Per person (min party of 6, max 15)

Enjoy time with friends/family with some delicious homemade treats served on beautiful china in Eileen's China Room or in your own home *E, F, MK*

## Training & Sporting Events

Provision of after training/match meals to teams. Prices on demand.

### Breakfast (Choice of 2 Hot Breakfasts per event )

- Regular Irish Breakfast (No Bread/Toast) *E* €7
- Bagels with Hickory Rasher, Cream Cheese & Sundried Tomato *MK, E* €7
- French Toast with Fruit Compote *G, E, MK* €6
- Creamy Milk Porridge with Fresh Fruit *MK* €6
- Boiled Eggs and Wholemeal Scones *, E, MK* €6
- Omelette and Wholemeal Scones *E, MK* €6
- Spinach Quiche *E, MK* €6
- Loaf Porridge Bread *E, MK, N* €10
- Batch of Pancakes (enough for 10 people) *E, MK* €10
- Summer fruits with Greek yoghurt topped with toasted Muesli *MK, N* €5
- Fruit Smoothie *MK* €5

Reference: Gluten = Soybeans = S, Mustard = MD, Crustaceans = C ,  
Peanuts = P, Sesame Seeds = SS, Eggs = E, Nuts = N, Sulphites = SP, Fish = F,  
Milk = MK ,Lupin = L, Molluscs = M, Celery = CY.



Notes: All 14 allergens are openly used throughout our kitchen. Trace amounts may be present at all stages of cooking. Special dietary requirements available on request.

- Above prices are drop off prices only.
- Tableware can be provided at no extra cost provided they are collected from us and returned clean. Optional fee of €1 per person for delivery, wash up and return of dishes provided.
- Service including set up, serving of food & wash up can be arranged at an additional charge of €2.00 per person served.
- Service provided for funeral lunch free of charge.

We pride ourselves on giving that personal touch

We work in our own kitchen, doing work we love in a place we love

All our food is homemade from locally sourced produce

Food is made fresh on the day of the event

We only use fresh vegetables

Regards *Eileen*

